



# School Centered Mental Health (SCMH) Initiative Impact on Social Determinants of Health

Lutheran Social Services of Wisconsin and Upper Michigan (LSS)  
*in partnership with United Community Center (UCC)*

## SOCIAL DETERMINANTS OF HEALTH

Fall 2018-Spring 2020

Of participating families who requested assistance with self-identified Social Determinants of Health needs at intake **72% did not feel they needed continued assistance** meeting SDoH needs during their last assessment.

When the UCC program started in the fall of 2018, 4.17% of families identified a high need stating that they always worried or were concerned with one of the Social Determinants of Health areas. **In the last round of SDoH assessment administered post-Covid-19 only 1.52% of families identified a high need** in one of the Social Determinants of Health areas.

During this historic pandemic, we are humbled by the work of our family coach and therapists as they were able to maintain the families and reduced their SDoH barriers throughout their time in the program.

## FOOD SECURITY

One in three families identified that they **always, often or sometimes worried** about running out of food before they have money to buy more.

Of those who identified food security as a need, **71% stated they have not worried in the last 6 months** about running out of food during their last SDoH screener.

Three families responded after the 19-20 school year and identified as more worried about food security from intake to last screener.

## FINANCIAL SECURITY

1 in 2 families identified that they have always, often or sometimes felt that their income was not enough to cover their living expenses.

Of those who identified financial security as a need 13% of families were able to maintain at sometimes and **67% improved their feelings of financial security.**

## UTILITIES

30% of families identified that they have always, often or sometimes worry that their utilities will be shut off.

Of these families **57% identified that they no longer worry about their utilities** during their last screener and an additional 14% identified that they had reduced barriers toward maintaining their utilities. 71% total families improved.