

#### **Contact us**

It all starts with a call. Our staff will meet with you at a place of your choosing. We offer pregnancy services throughout Wisconsin and Upper Michigan.

#### **Appleton**

920-730-1326

#### Eau Claire

715-833-0992

#### La Crosse

608-788-5090

#### Madison

608-277-0610

#### Milwaukee

414-246-2724

#### Wausau

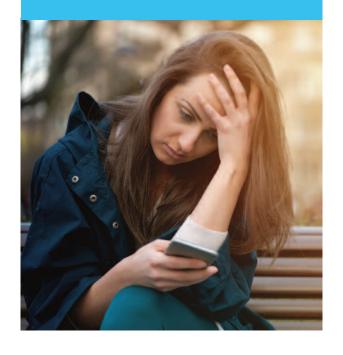
715-849-3344

#### **Upper Michigan**

877-994-8344

More information is always available on our website: LSSAdopt.org/PregnancyServices.

# UNPLANNED PREGNANCY?



Supporting you through the decisions ahead





### A place to turn when you have an unexpected pregnancy

When you find out that you're pregnant, it can turn your world upside down – especially if the pregnancy is unplanned and unexpected. While it may seem that you have a million decisions to make, the most important is this: whether to parent your child or create a plan for the child's adoption.

It's a big decision, and many women need more information and caring support before they can make it. That's what LSS can provide. We've been helping pregnant women for more than 100 years, and now we're here for you.

To get in touch, just call us: see the back of this brochure to find an LSS office that's near you. If you don't feel comfortable making the call yourself, ask a nurse, a school counselor, a friend or a parent help you take this important first step.

Our services are free and always confidential.



## Parenting or adoption? We'll help you carefully consider your options

Our experienced and compassionate staff will provide information that will help you make the best, most loving choice for your child.

If your choice is parenting, we'll provide emotional support, connect you to parenting resources and refer you to programs that can help you meet the financial responsibilities ahead.

If your choice is adoption, we'll provide emotional support before the birth and after your child is placed in a loving adoptive home. We support open adoption, which means you'll be able to select the adoptive family, meet them, and agree on the type and frequency of contact you would like to have with the child – that can include email updates, phone calls and even visits. All of this will be detailed in an adoption plan that our staff will help you create. We can also coordinate the legal process and connect you with resources that can help with medical costs, counseling and living expenses during your pregnancy.

Our goal is to help you make the best, most loving choice for your child.

#### Let us help you

We don't want you to face your unexpected pregnancy, or the questions and concerns that come with it, on your own. Over the years, our counselors and social workers have provided practical and emotional support to thousands of birthparents, just like you.

Our pregnancy and adoption staff are all professional counselors or certified social workers. That matters, because you deserve services and guidance from professionals who have helped many others with the decision that's before you now. We'll be your advocates. We'll listen to you, talk with you and never pressure you.

We'll also provide a safe and secure environment in which you can openly discuss your feelings – an important part of making your decision. Together, we'll explore what it takes to raise a child and discuss the steps involved in creating an adoption plan. With a combination of pregnancy counseling, information, emotional support and thoughtful guidance, we'll help you consider your options. Then, we'll be here to help you along the journey you choose. And, our services are free and always strictly confidential.

Financial assistance may be available to help pay for your medical and other living expenses.

We'll help you explore these options.